



Help Your Educators Rediscover Happiness and Success—in Work and Life

School and district leaders are concerned about stress affecting educator and staff health and well-being, retention, and school culture. The lingering effects of the pandemic and on-going staff shortages continue to impact school communities. Supporting educator and staff well-being is more critical now than ever before.

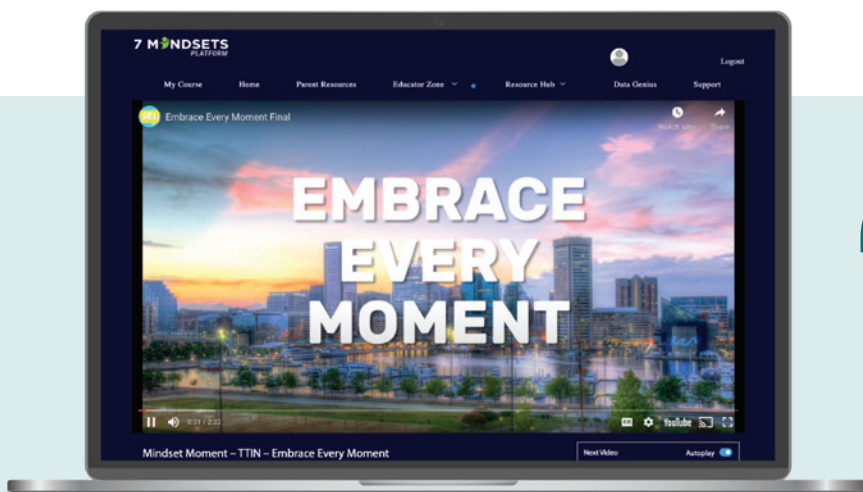
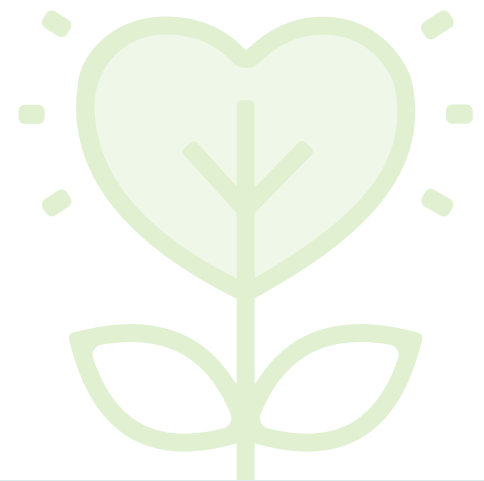
Focus on the Emotional Health and Well-Being of Your Teachers and Staff

7 Mindsets Empowering Educators™ offers tools and resources that school and district staff need to restore well-being and reignite passion and purpose.

This powerful adult SEL platform provides educators and staff members the opportunity to achieve personal growth and professional success at their own pace. With hundreds of themed videos and resources, topical webinars, and learning opportunities focused on social emotional growth, educators learn to connect, recharge, and rediscover the joy in teaching.

A comprehensive adult SEL platform, Empowering Educators includes:

- ✓ Well-being modules for educators and staff
- ✓ Self-paced or group learning options
- ✓ On-demand webinars
- ✓ Activities to build individual emotional health and well-being
- ✓ Facilitated learning to build relationships and sense of belonging



Why Empowering Educators?

“ We want teachers to be happy to come to school every day and feel like school is their safe place, and that they know their coworkers and can trust them no matter how hard the work is. The team can lean on each other, then they can work together to change the school culture.”

– Chelsea Buchanan,
Director of Education Services, 7 Mindsets

Happy and successful educators help their students achieve more positive, lifelong outcomes.

Today, schools and districts must consider how they can best meet their educators' professional and personal needs. 7 Mindsets Empowering Educators™ supports a wide range of school and district initiatives focused on improving staff health and well-being and can be used for cross-district professional learning or for educator-specific needs.

Depending on the individual or group need, interest, or professional learning situations, the Empowering Educators platform offers several courses within its two programs: **Better Together** and **Better You**.

Better Together Program

The facilitated learning opportunities with this program build trust, capacity, and a sense of belonging among school and district staff. Options include:

- ✓ 6 Conversations to Cultivate Relational Trust
- ✓ Huddle Deck Conversation Starters
- ✓ 7 Mindsets Engagement Strategies

Better You Program

The self-paced learning and growth opportunities in this program empower educators and staff to focus on their own emotional health and well-being needs. Courses include:

- ✓ Building Your SEL Competencies
- ✓ Every Student Succeeds

Additional Platform Resources

Our live platform is updated in real time with curated content and on-demand webinars around current and relevant well-being topics.

With Empowering Educators, school and district administrators can help their educators sustain hope and resilience, take care of themselves, and become better educators who can help their students achieve more positive, lifelong outcomes.

ABOUT 7 MINDSETS

Founded in 2009, 7 Mindsets is a comprehensive well-being, mental health, and assessment solution provider for schools and districts across the country. The company offers multi-tiered curriculums, assessment, professional learning, and coaching that ensure safe and supportive learning environments. Its highly effective programs have been shown to improve student engagement, behavior, and academic achievement, and have been used by over 5 million students and educators.

LEARN HOW 7 MINDSETS CAN HELP BUILD A MORE POSITIVE CULTURE IN YOUR DISTRICT.

ORDER TODAY!

