

MINDSET-BASED LEARNING FOR POSITIVE AND LASTING CHANGE

**Inspiring Every Educator and Student to
Live a Life of Passion, Purpose, and Joy**

7 Mindsets offers a transformative, life-changing experience for all students and educators. The mindset-based curriculum for foundational growth and well-being creates a culture in which students thrive, teachers are motivated, and leaders are empowered to guide a positive, engaged school community. Students who have hope for the future, a firm belief in their potential, and a strong sense of belonging and connection perform better academically and forge more substantial relationships in life.

The 7 Mindsets program supports schools and districts in building a foundation of connection and belonging with positive student mindsets and life skills. Students learn self-awareness, self-efficacy, perseverance, and many other prosocial characteristics.



- A scaffolded, PreK-12, Tier 1 approach
- Digital curriculum, in English and Spanish
- Professional learning and coaching

**Building
A Common
Language**

**1 Everything
is Possible**

**2 Passion
First**

**3 We are
Connected**

**4 100%
Accountable**

**5 Attitude
of Gratitude**

**6 Live
to Give**

**7 The Time
is Now**

Why Mindsets-based?

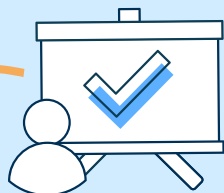
Our 25 years of research and practice has taught us that happiness and success are not based on what we know or where we are from, but how we think. Mindsets are the beliefs and attitudes that dictate our emotions and influence our decisions and actions. They help us connect with others and develop positive self-awareness, self-efficacy, and perseverance. Built around 7 mindsets, our curriculum provides students and teachers with an engaging, accessible common language to support lasting, tangible change.

How It Works

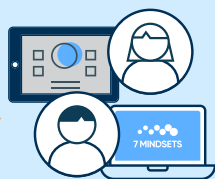
7 Mindsets offers a complete PreK-12 platform that incorporates professional learning and coaching, scaffolded digital curriculum and lesson models, as well as progress monitoring and measurement tools to ensure students get the right content at the right time. Ongoing coaching to fit your school's or district's needs ensures educators can confidently and effectively deliver the solution in their classrooms.



Professional Learning
and Coaching



Scaffolded Curriculum
and Lesson Models



Delivered through
a Digital Platform



Student Measurement
and Progress Monitoring



Effective PreK-12 Digital Curriculum for Whole Child Learning

While most curriculum solutions are self-paced and used as a supplement to whole-class instruction, 7 Mindsets is designed to be teacher led. Curriculum and resources offered through our digital platform include:

- Easy-to-use lessons scaffolded by grade level in English and Spanish
- Progress monitoring dashboards
- Insights data measurement tools to identify progress and growth over time
- Resource Hub with thousands of additional videos, tools, and more

Professional Learning That is More Than Just Training

What separates 7 Mindsets from other solutions is that it nurtures the mindsets of both students and educators. Our interactive professional learning provides experiences that uplift and reenergize educators so they can confidently model and teach the 7 Mindsets while enriching their own personal well-being. We provide startup and onboarding support, as well as ongoing coaching and programmatic implementation.

“This program and the mindsets and the content of it really helped our adults get through a traumatic time. We're in a better place because of 7 Mindsets.”

— Jeff Dase, Assistant Superintendent
Decatur Public Schools, IL

Evidence of Effectiveness

7 Mindsets is committed to positively changing the way individuals think about themselves and their future. Evidence of our program's impact on students and schools is gathered from both independent and peer-reviewed studies. In 2025, a landmark independent study of Hillsborough County Public Schools showed that 7 Mindsets significantly improves student outcomes in academics, behavior, attendance, and student confidence. As a result of this study, 7 Mindsets received ESSA Level 2 validation.

