

MULTI-TIERED SUPPORT FOR STUDENT MENTAL HEALTH AND WELL-BEING

Ensure a Safe, Supportive, and Thriving Learning Environment

COMPREHENSIVE • ACTIONABLE • IMPACTFUL

When educators teach students the life skills and positive mindsets they need to form healthy relationships and manage challenges, they do better in school and in life. The 7 Mindsets suite of solutions includes everything you need to assess student needs, address those needs with engaging instructional resources, and measure student growth. Unique among education companies, we offer multi-tiered support for safe, supportive, and thriving learning environments.

- Tier 1 student and educator well-being solutions
- Tier 2 and 3 mental health prevention, intervention, and support
- High-quality assessment to guide instruction and measure impact

Student and Educator Well-Being

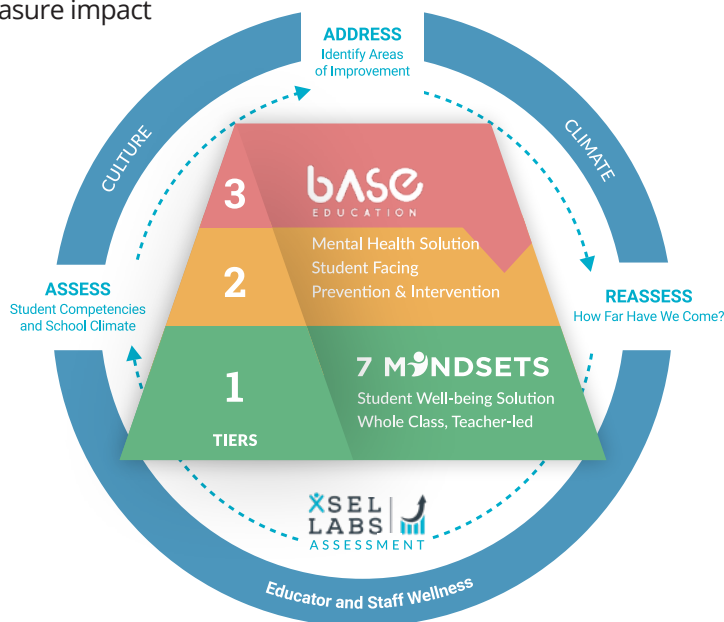
7 Mindsets teacher-led Tier 1 digital instruction and professional learning gives students and educators hope for the future, a firm belief in their potential, and a strong sense of belonging and connection.

Mental Health Support and Intervention

BASE Education primarily focuses on Tier 2 and Tier 3 targeted mental health supports. BASE offers student-facing, interactive, mental health prevention and intervention education.

Assessment to Support Effective Instruction

xSEL Labs robust assessment tools help educators decide what to teach to whom and then to measure student learning. xSEL Labs' assessments offer the only direct measure of social and emotional competencies.



A Whole-School MTSS Approach for Mental Health and Well-Being

Comprehensive Solutions for Mental Health and Well-Being for Every Learner

Develop Positive Mindsets and Life Skills

7 Mindsets helps schools and districts build a foundation of connection and belonging with positive student mindsets and life skills. Students learn self-awareness, self-efficacy, perseverance, and many other prosocial characteristics. The 7 Mindsets are designed to inspire every student and educator to live a life of passion, purpose, and joy.

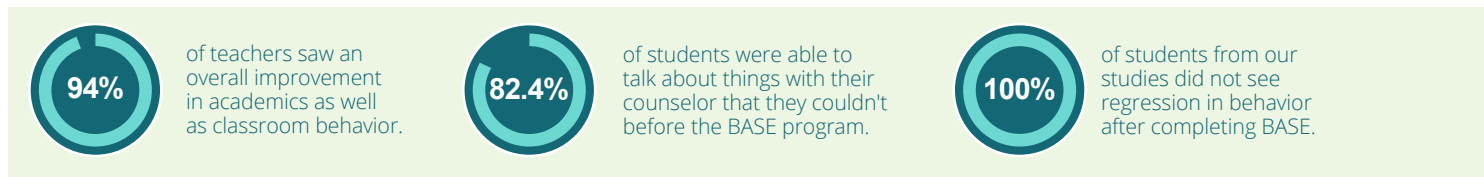
- A scaffolded, PreK-12, Tier 1 approach
- Digital curriculum, in English and Spanish
- Professional learning, coaching, and adult SEL

Students who received 7 Mindsets instruction for at least 5 months showed significant improvements in behavior, attendance, and prosocial qualities such as resilience and grit.

Personalized Student Mental Health Supports for Tier 2 and 3

BASE Education's student mental health platform is evidence-based and CASEL recognized. It provides Tier 2 and Tier 3 supports for students who need mental health intervention, helping them understand and articulate their emotions, develop self-regulation skills, and build healthy relationships with peers and adults.

- Flexible curriculum modules for personalized learning
- BASEline Assessment Screener for customized pathways and to measure growth over time
- Built-in notification system that identifies potentially harmful language that may need review



Actionable and Insightful Assessment and Surveys

xSEL Labs assessments are easy-to-implement, program agnostic, and directly measure students' social and emotional competencies. Aligned to state guidelines and the CASEL framework, xSEL Labs assessments measure student outcomes and demonstrate program impact from 7 Mindsets, BASE, or any evidence-based program.

xSEL Labs also offers climate surveys to assess how students perceive essential learning conditions, including students' sense of safety, belonging, and instructional support.



Solutions are offered together or as individual components.

Contact Us Today!

Founded in 2009, 7 Mindsets is a comprehensive mental health and well-being solution provider for schools and districts across the country. The company offers multi-tiered curriculum, professional development, and assessment that ensure safe and supportive learning environments. Its highly effective programs have been shown to improve student engagement, behavior, and academic achievement, and have been used by over 5 million students and educators in all 50 states.