

# PREPARE YOUR STUDENT TO FACE TODAY'S MENTAL HEALTH CHALLENGES

## An Innovative, Interactive Mental Health Support and Intervention Platform

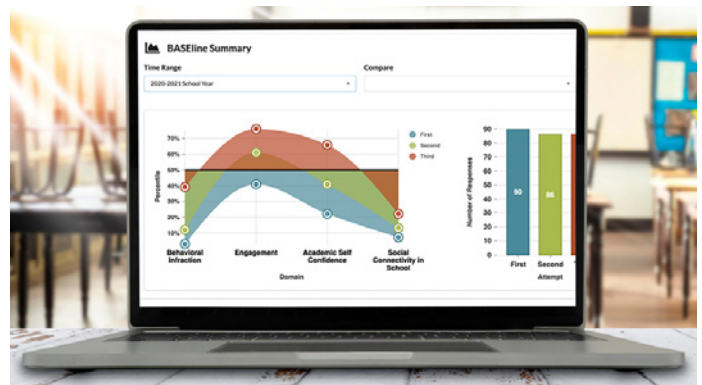
### Support for Student Mental Health Through Deeper Connection and Belonging

Designed to help students understand and articulate their emotions, Base is an evidence-based, student mental health platform developed by mental health professionals that provides personalized learning pathways for students needing Tier 2 and Tier 3 supports.

The curriculum modules are flexible, allowing teachers to teach in the modality that works best for them. The platform provides an area for journalistic introspection where students process learnings and share insights from their own lives, and a built-in crisis-alert system lets designated administrators know when a student is experiencing a mental health emergency that needs immediate intervention.

### The Base platform provides access to a full range of curriculum modules for grades 1-12, including:

- ✓ Over 175 flexible curriculum modules for grades 1-12 (in 50 languages)
- ✓ Substance Use and Misuse Curriculum (30+ modules) for grades 6-12
- ✓ Erin's Law Curriculum for grades 1-12
- ✓ Baseline self-reporting survey and data for student measurement
- ✓ Professional Development modules
- ✓ Parent/Caregiver companion modules for select modules
- ✓ Activity dashboards
- ✓ Built-in notification system for harmful language



### Personalized Learning that Supports Students' Individual Mental Health Needs

With the **Baseline self-reporting survey**, teachers have the data and tools to develop personalized learning pathways for students and measure progress on engagement, behavior, social connectivity, and academic self-confidence. Baseline data can also support Individualized Educations Plans (IEP), Special Education evaluations, and interventions.

# EFFECTIVE TOOLS AND INTERVENTIONS FOR TIER 2 AND TIER 3 LEVELS OF SUPPORT

## Flexible Curriculum Modules for Personalized Learning

Base's flexibility makes it an invaluable tool for tailoring interventions to individual students and groups based on their interests and needs. Some of our most frequently used modules for Tier 2 and Tier 3 supports include:

- Self-Regulation
- Anger Management
- Truancy
- Restorative Practices
- Substance Use/Misuse Series

## IEP Compliance

In addition to providing behavioral intervention curriculum, Base can simplify IEP compliance through screening, data capture, and personalized modules. All student participation and assessment metrics are documented in the platform for reporting on-demand to save educators' time.

## Built-in Notification System for Harmful Language

Through journalistic introspection, students share how they are feeling. When words are written that would be evidence of harm to self or others, a supervising adult receives a real-time alert of the entry. Even if deleted, all text is captured for the supervising adult to review.

## About 7 Mindsets

Founded in 2009, 7 Mindsets provides mindset-based and mental health learning solutions for schools and districts nationwide. The company offers multi-tiered curricula, professional development, and data measurement tools that empower growth, drive measurable impact, and ensure safe and supportive learning communities. Its highly effective programs have been shown to improve student engagement, behavior, and academic achievement and have been used by over 5 million students and educators in all 50 states.

## WHAT THE STUDENTS ARE SAYING

According to a study conducted with the assistance of Excelsior Youth Centers:

**87%** Students feel successful when doing Base coursework

**71%** Students think about the Base coursework on their own time

**77%** Use what they've learned from Base in their everyday life

**81%** Students say that Base enables them to talk about things with their therapist or counselor that they couldn't before they used the program

