

PREPARE YOUR STUDENTS TO FACE TODAY'S MENTAL HEALTH CHALLENGES

An Innovative, Interactive Student Mental Health Education Platform

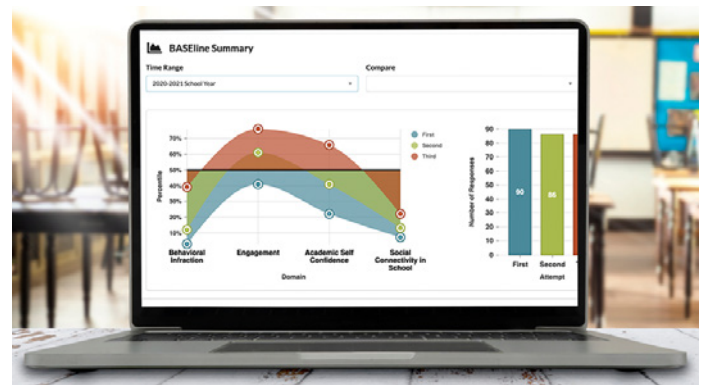
Support for Student Mental Health and Wellness Through Deeper Connection and Belonging

Designed to help students understand and articulate their emotions, Base is an evidence-based, student mental health education platform developed by mental health professionals that provides personalized learning pathways for all students, including Tier 1 prevention and Tier 2 and 3 intervention supports.

The curriculum modules are flexible, allowing teachers to teach in the modality that works best for them (facilitated or student facing). The platform provides an area for journalistic introspection where students process learnings and share insights from their own lives, and a built-in crisis-alert system lets designated administrators know when a student is experiencing a mental health emergency that needs immediate intervention.

The Base platform provides access to a full range of curriculum modules for grades K-12, including:

- ✓ Over 175 flexible curriculum modules (in 50 languages)
- ✓ Substance Use and Misuse Curriculum (30+ modules) for grades 6-12
- ✓ Erin's Law Curriculum for grades K-12
- ✓ Baseline self-reporting survey and data for student measurement
- ✓ Professional Development modules
- ✓ Parent/caregiver companion modules for select modules
- ✓ Activity dashboards
- ✓ Built-in notification system for harmful language



Personalized Learning that Supports Students' Individual Needs

With the **Baseline student self-reporting survey**, teachers have the data and tools to develop personalized learning pathways for students and measure progress on engagement, behavior, social connectivity, and academic self-confidence. Baseline data also supports Individualized Educations Plans (IEP), special education evaluations, and interventions.

EFFECTIVE TOOLS FOR TIER 1 MENTAL HEALTH PREVENTION AND TIER 2/3 INTERVENTION SUPPORT

Flexible Curriculum Modules for Personalized Learning

Base's flexibility makes it an invaluable tool for tailoring learning to whole class or individual students based on their needs. Some of our most frequently used modules include:

- Self-Regulation
- Anger Management
- Truancy
- Restorative Practices
- Substance Use/Misuse Series

IEP Compliance

In addition to providing behavioral intervention curriculum, Base can simplify IEP compliance through screening, data capture, and personalized modules. All student metrics are documented in the platform for reporting on-demand to save educators' time.

WHAT STUDENTS ARE SAYING

According to a study conducted with the assistance of Excelsior Youth Centers:

87% Students feel successful when doing Base coursework

71% Students think about the Base coursework on their own time

77% Use what they've learned from Base in their everyday life

81% Students say that Base enables them to talk about things with their therapist or counselor that they couldn't before they used the program

Built-in Notification System for Harmful Language

Through journalistic introspection, students share how they are feeling. When words are written that would be evidence of harm to self or others, a supervising adult receives a real-time alert of the entry. Even if deleted, all text is captured for the supervising adult to review.

About 7 Mindsets

Founded in 2009, 7 Mindsets provides transformative, mindset-based empowerment and mental health learning solutions for schools and districts nationwide. The company offers multi-tiered curricula, professional development, and data measurement tools that empower growth, drive measurable impact, and ensure safe and supportive learning communities. Its highly effective programs have been shown to improve student engagement, behavior, and academic achievement and have been used by over 5 million students and educators in all 50 states.

