

WE ARE CONNECTED

IDEAS FROM YOUR EDUCATION SERVICES TEAM!

MINDSET FOCUS

We Are Connected helps us understand that everyone who comes into our lives can assist us in living our dreams. Through this mindset, we learn to constantly explore synergies with others, embrace diversity, and relish competition, allowing us to maximize our potential with and through others.

The lessons in this unit are:

- 3.1 Embrace Everyone
- 3.2 Maximize Positive Relationships
- 3.3 Build Your Dream Team
- 3.4 Lead with Value



Explore:

- Activities, games & more in the [Resource Hub](#)
- Self-reflect with the [Educator Life Plan](#)
- View the We are Connected unit [refresher video](#)

MINDSETS MUSIC

- 1 *High Hopes*
Panic! At the Disco
- 2 *Together*
Sia
- 3 *With a Little Help from My Friends*
The Beatles
- 4 *Count on Me*
Bruno Mars
- 5 *One Love*
Bob Marley
- 6 *Lean On Me*
Bill Withers
- 7 *I'll Be There for You*
The Rembrants



What's on your building's We Are Connected playlist?

WE ARE CONNECTED IN PRACTICE

Embrace Everyone: Foster connections and value diversity in your school. Cultivate an inclusive environment that enhances collaboration, understanding, & personal growth.

Reach out to a new teammate or a colleague you haven't collaborated with recently.



Maximize Positive Relationships: Nurture and strengthen your closest relationships as you build a supportive network that enhances your resilience, productivity, and overall happiness.

Write a gratitude note recognizing someone for their positive impact on your life. Let them know why their presence in your life matters.

Build Your Dream Team: Surround yourself with people who support your personal goals and foster motivation and accountability.

Identify your professional dream team and find ways to engage with them regularly through resource sharing or accountability check-ins.



Lead with Value: Contribute positively to the well-being of those around you through sharing your time, kindness, support, and generosity.

Create a culture of support within your team by encouraging and celebrating intentional acts of kindness amongst colleagues each week.

MAKE THE MINDSETS VISIBLE

Encourage school-wide participation, fostering a sense of community and shared purpose!

Challenge students to cultivate new connections during **Mix-it-Up Lunch Day**. Create a bingo card with challenges like “Ask someone for a new music recommendation” or “Talk to someone who speaks multiple languages,” or use our Roll the Dice Game from the Resource Hub to encourage participation. Students who complete their cards may have the opportunity to earn rewards/prizes.

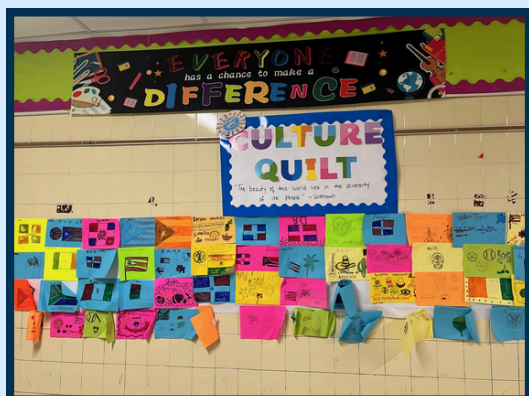
“Can You Find Me?”
Bingo Game

Name: _____

I HAVE A YOUNGER BROTHER.	I VISITED ANOTHER STATE THIS SUMMER.	POPCORN IS MY FAVORITE SNACK.	I HAVE A CAT.	I LIKE TO PLAY VIDEO GAMES.
MY FIRST NAME CONTAINS SIX MORE LETTERS.	MY FAVORITE COLOR IS PURPLE.	I LIKE TO SING.	I PLAY SPORTS.	I HAVE 3 OR MORE PETS.
I HAVE AN OLDER SISTER.	SCIENCE IS MY FAVORITE SUBJECT.	I HAVE BEEN TO 3 OR MORE DIFFERENT STATES.	CHOCOLATE IS MY FAVORITE FLAVOR OF ICE CREAM.	I LIKE TO SLEEP.
I TRAVELED OUT OF THE COUNTRY THIS SUMMER.	I HAVE A DOG.	MY BIRTHDAY IS IN THE SUMMER.	I HAVE AN OLDER BROTHER.	I SPEAK MORE THAN ONE LANGUAGE.
I LIKE TO DANCE.	I HAVE A YOUNGER SISTER.	I PLAY AN INSTRUMENT.	HEATING IS ONE OF MY HOBBS.	I WAS BORN IN ANOTHER STATE.

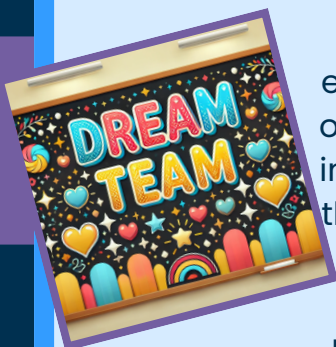
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Encourage students to learn about and appreciate the diversity that exists in your school building. Create opportunities for students to share something unique about themselves, their culture, or their background by hosting a **Cultural Connections Day** or creating a **Culture Quilt** display on campus.

Highlight students who exemplify **We Are Connected** qualities of friendship, acceptance, inclusivity, and leadership. Showcase their stories in a **Mindsetter of the Month** display in the hallway! Or use the “Caught You” Cards from the Resource Hub as a quick and easy way to recognize your students!



Who is on your Dream Team? Is it a friend who encourages you, a family member who believes in you, or a teacher who guides you? **Dream Team Shout Outs** invite students and staff to reflect on the importance of the people who lift them up. Everyone gets a chance to celebrate these meaningful connections. It's not just about showing who's important, but also about recognizing the role we play in supporting each other.



CONTENT CONNECTIONS

Reinforce the mindsets in your subject areas!

SOC. STUDIES

Build Your Dream Team: Team Up for Change

Students research an issue affecting their local community & collaborate to develop an action plan & ways to engage the community. Students are encouraged to work together to make a difference.

SCIENCE

Maximize Positive Relationships: Famous Lab Collabs

Students study famous scientific teams and present on the positive dynamics within these teams, discussing how collaboration and mutual respect can lead to greater achievements in science.

MATH

Maximize Positive Relationships: Math Mission Possible

Warm up with a challenging problem on the board. Students form small groups and have a few minutes to brainstorm and discuss their strategies before solving it together.

ELA

Embrace Everyone: Through Different Eyes

In pairs or small groups, students reimagine a story, each rewriting it from a different character's viewpoint. Follow with a class discussion on how understanding diverse perspectives adds depth to the narrative.

PHYS. ED

Embrace Everyone: Ultimate Relay

Set up a series of challenges varying in physical & mental skill requirements. Teammates complete different parts of the relay based on strengths emphasizing everyone's contribution to the whole.

TECHNOLOGY

Lead with Value: Tech Troubleshooters

Students identify common tech issues encountered by their peers, teachers, or family, & work in pairs to create a step-by-step troubleshooting guide. Emphasize how sharing their skills in this way helps create a more resilient, self-sufficient community.

ARTS

Lead with Value: Creative Pro-Tips

Demonstrate the importance of creative networks & skill-sharing. Start each class with a student teaching a favorite technique (like a brushstroke, vocal warm-up, or sketching tip) to the class.

CAREER

Build Your Dream Team: My Career Champions

Students research and identify individuals who could be part of their dream team in their future career (e.g., mentors, influencers, industry leaders) and explain how they could help them achieve their goals.

7 MINDSETS NOTES

SCHOOL/DISTRICT

DATE