



WHAT'S POPPIN'!

HISPANIC HERITAGE EDITION

#WeAreConnected
Conversation Cards & Activities



7 MINDSETS

**WHAT IS HISPANIC HERITAGE
MONTH, AND WHY DO WE
CELEBRATE IT IN OUR SCHOOL?**



7 MINDSETS

ELEMENTARY

K-2



**LIN-MANUEL MIRANDA
EXPLORED HIS INTERESTS AND
WROTE SONGS FOR THE MOVIES
MOANA, VIVO, AND ENCANTO.**

WHAT DO YOU LOVE DOING?



7 MINDSETS



**AL HORFORD ACHIEVED HIS DREAM
OF BECOMING A PROFESSIONAL
BASKETBALL PLAYER WITH THE
HELP OF HIS TEAM.**

**WHO CAN HELP YOU MAKE YOUR
DREAMS COME TRUE?**

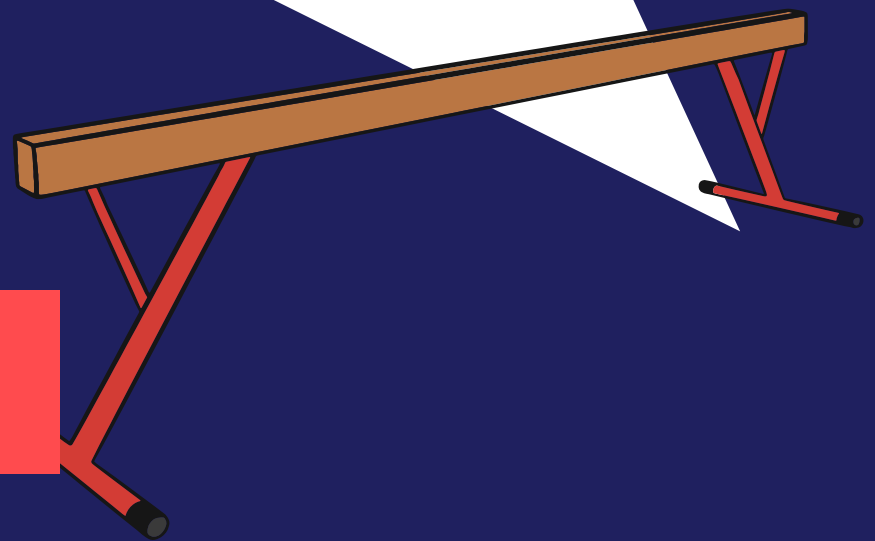
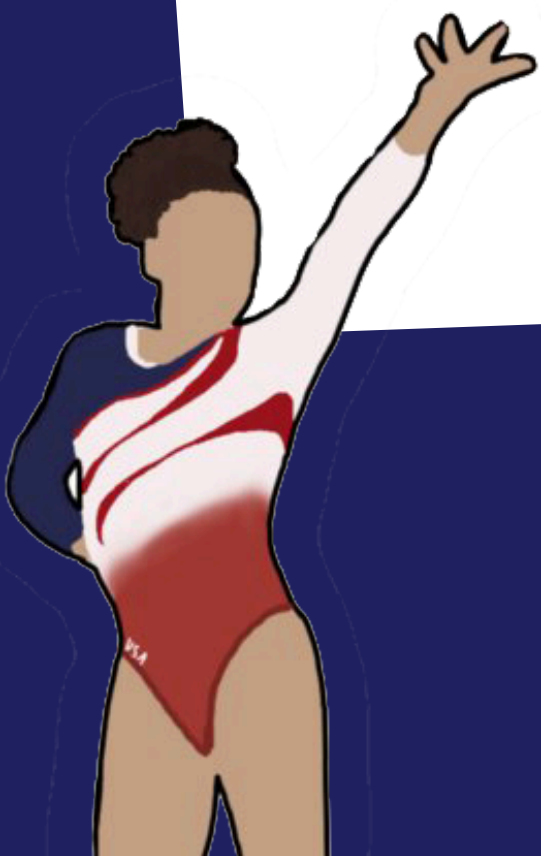


7 MINDSETS



**LAURIE HERNÁNDEZ, AN
OLYMPIC GYMNAST, HELPED
HER TEAM WIN A GOLD MEDAL.**

**HOW CAN YOU HELP
YOUR CLASSMATES
DO THEIR BEST?**



7 MINDSETS



**CELIA CRUZ EXPRESSED
HERSELF BY SINGING AND
DANCING SALSA.**

**HOW DO YOU LIKE TO
EXPRESS YOURSELF?**



7 MINDSETS

FRIDA KAHLO SELF-PORTRAITS

Connected to the Mindset(s):

Passion First & We are Connected

Directions:

Students will explore the Passion First mindset by creating their own self-portraits inspired by Kahlo's work to express their interests, and dreams, and embrace their uniqueness. They will be introduced to Frida Kahlo and her self-portraits, highlighting the colors and elements that reflect her personal interests and passions. Once finished, students will share their self-portraits and assemble a collage to demonstrate the We are Connected mindset.

Notes: This can be used in K-2 or 3-5. Play Hispanic music such as soundtracks from *Encanto*, *Coco*, *Vivo*, *The Book of Life*.

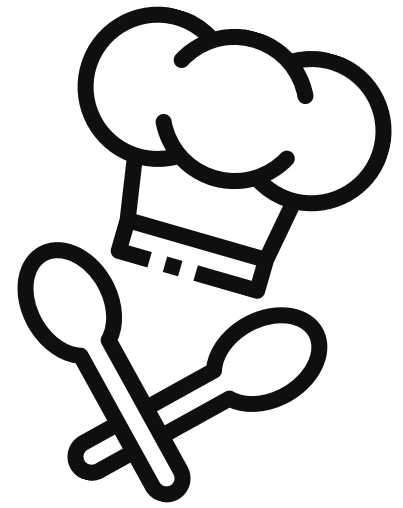


ACTIVITY



ELEMENTARY

3-5



**CHEF JOSÉ ANDRÉS LOVES TO COOK.
HE USES HIS PASSION TO FEED
PEOPLE AND TEACH OTHERS HOW
TO COOK AROUND THE WORLD.**

**HOW WILL YOU USE YOUR
PASSION TO HELP OTHERS?**



7 MINDSETS



**SONIA SOTOMAYOR FOLLOWED HER
DREAM AND BECAME THE FIRST
LATINA SUPREME COURT JUSTICE.**

**WHAT IS ONE OF YOUR DREAMS
WHEN YOU GROW UP?**



7 MINDSETS



CARLOS VIVES, A FAMOUS SINGER OF COLOMBIAN AND LATIN AMERICAN MUSIC, SINGS ONE OF THE SONGS FEATURED IN *ENCANTO*. HE USES HIS CREATIVITY TO EXPRESS HIMSELF.

HOW DO YOU LOVE TO SHOW YOUR CREATIVITY?



7 MINDSETS



SANDRA CISNEROS IS A BILINGUAL WRITER WHO TALKS ABOUT HOW WE ARE ALL CONNECTED BY ACCEPTING EVERYONE, JUST LIKE IN HER BOOK *HAIRS/PELITOS*.

HOW DO YOU SHOW THAT YOU EMBRACE OR CARE ABOUT EVERYONE?



7 MINDSETS

HISPANIC MUSIC AND DANCE EXPLORATION

Connected to the Mindset(s):

Passion First & We are Connected

Directions:

Students will learn about various Hispanic dances like salsa, cumbia, and flamenco, and explore traditional Hispanic music. They will then practice a salsa dance to embrace the We are Connected mindset. This experience will teach students to appreciate the joy and passion of cultural expressions.

Note: This can be used in K-2 or 3-5.



ACTIVITY

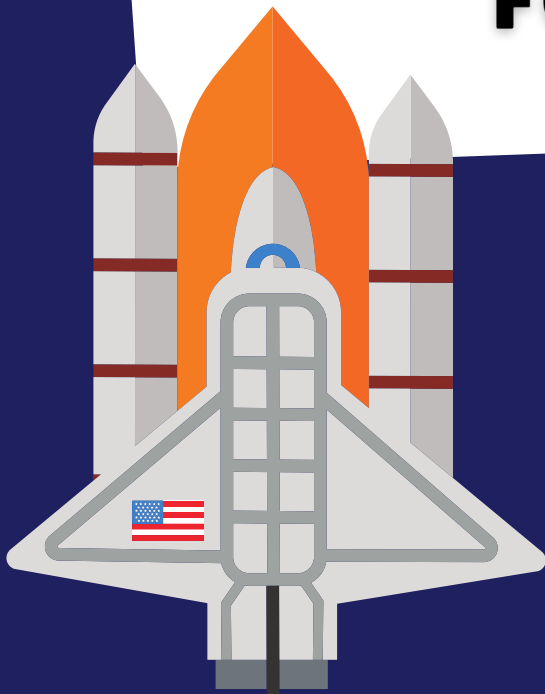


MIDDLE SCHOOL



JOSÉ M. HERNÁNDEZ IS A NASA ENGINEER WHO WANTED TO FLY IN SPACE EVER SINCE HE HEARD ABOUT THE FIRST HISPANIC-AMERICAN ASTRONAUT.

WHO IS SOMEONE THAT INSPIRED YOU TO EXPLORE YOUR INTERESTS AND FOLLOW YOUR PASSION?

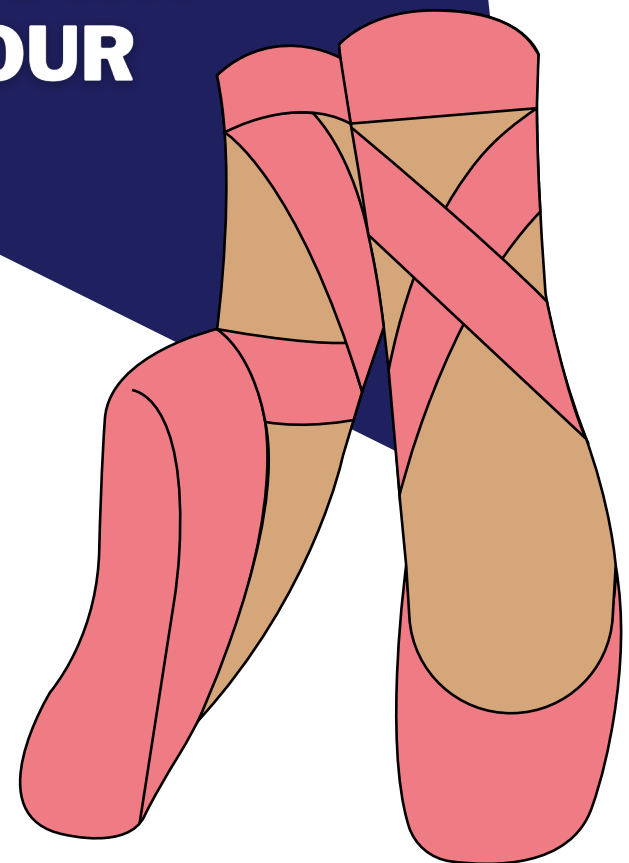


7 MINDSETS



**EVELYN CISNEROS-LEGATE USED
HER. PASSION AND FOCUSED ON HER
STRENGTHS TO OVERCOME
CHALLENGES AND BECOME THE
FIRST LATINA BALLERINA IN THE U.S.**

**HOW CAN YOU USE YOUR OWN
STRENGTHS TO FACE YOUR
CHALLENGES?**



7 MINDSETS



**AMERICA FERRERA SAYS SHE
HOPES TO INSPIRE YOUTH TO
EMBRACE THEIR IMPERFECTIONS
AND CHOOSE THEIR OWN PATH.**

**WHAT POSITIVE WORDS DO YOU
TELL YOURSELF TO FEEL INSPIRED
TO FOLLOW YOUR DREAMS?**



7 MINDSETS



**LIONEL MESSI HAS SPENT YEARS
WORKING TO BE THE BEST SOCCER
PLAYER HE CAN BE.**

**WHAT IS SOMETHING YOU HAVE
BEEN WORKING TO BE THE BEST AT?**



7 MINDSETS

FLAG IDENTIFICATION ACTIVITY

Connected to the Mindset(s):

100% Accountable & Live to Give



Directions:

Students will research and recreate a flag from a Hispanic country on a sheet of paper. Then, they will present their flag to the class and share interesting facts about the country. This activity supports the 100% Accountable and Live to Give mindsets by encouraging students to take responsibility for their own research and presentation, while also valuing and celebrating the diverse contributions of their classmates.

Note: Play themed music while students work. We suggest educators use a Kahoot or Quizlet on the difference Hispanic flags to prepare students for the activity.

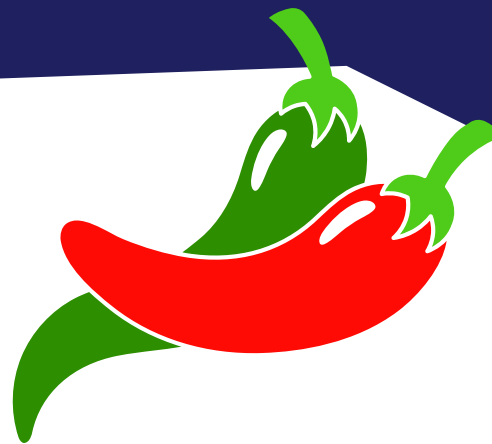
ACTIVITY

HIGH SCHOOL



**DON PRUDENCIO UNANUE FOUNDED
THE GOYA FOODS BRAND HOPING TO
APPEAL TO THE GROWING IMMIGRANT
MARKET SEEKING AUTHENTIC
SPANISH FLAVORS.**

**HOW DOES YOUR FAMILY OR HERITAGE
INSPIRE SOMETHING YOU DO?**



7 MINDSETS



JENNA ORTEGA, KNOWN FOR HER ROLE AS WEDNESDAY ADDAMS, CREATED A LEGACY OF REPRESENTATION FOR YOUNG FEMALE PROTAGONISTS AS A MEXICAN AND PUERTO RICAN-AMERICAN.

WHAT WILL YOU DO TO CREATE YOUR OWN LEGACY?



7 MINDSETS



**JULIA ALVAREZ HAS WRITTEN BOOKS
INSPIRED BY HER EXPERIENCES AS A
DOMINICAN-AMERICAN THAT EXPLORE
HOW TO OVERCOME LIMITING BELIEFS.**

**WHAT HAVE YOU DONE TO HELP
YOURSELF OVERCOME LIMITING BELIEFS?**



7 MINDSETS



**ICONIC FASHION DESIGNERS LIKE
ÓSCAR DE LA RENTA AND CAROLINA
HERRERA HAVE INSPIRED YOUNG
DESIGNERS TO USE THEIR CREATIVITY
TO SET THE LATEST TRENDS.**

**HOW CAN YOU USE YOUR CREATIVITY
TO SET A TREND?**



7 MINDSETS

EXPLORING THE COLUMBIAN EXCHANGE THROUGH THE 7 MINDSETS LENS

Connected to the Mindset(s):

All Mindsets

Directions:

Students will explore the impact of the Columbian Exchange through the lens of the 7 Mindsets. They will be introduced to the Columbian Exchange and its significance, then be divided into groups, each focusing on one mindset to analyze its relation to the event. Once completed, have students present their findings on how the Columbian Exchange affected agriculture, trade, cultural connections, and personal responsibilities, highlighting both its positive and negative effects.



ACTIVITY

