

# LIVE TO GIVE

IDEAS FROM YOUR RIDICULOUSLY AMAZING SERVICES TEAM!

## MINDSET FOCUS

**Live to Give** teaches us that abundance in one's life is a cycle, and to get love, respect, and financial security, we must learn to give those things. This mindset also teaches that the greatest gift we can ever give is to find and leverage our unique genius to maximize our positive impact on the world, knowing that good things will be returned to us in kind.

### The lessons in this unit are:

- 6.1 Stretch Yourself
- 6.2 Make a Difference
- 6.3 Receive Gracefully
- 6.4 Create a Legacy



### Explore:

- Activities, games & more in the [Resource Hub](#)
- Self-reflect with the [Educator Life Plan](#)
- View the [Live to Give student video](#)

## MINDSETS MUSIC

- 1 *Good Time*  
Owl City and Carly Rae Jepsen
- 2 *What Makes You Beautiful*  
One Direction
- 3 *Beautiful Things*  
Benson Boone
- 4 *Good Job*  
Alicia Keys
- 5 *As It Was*  
Harry Styles



**What's on your  
Live to Give playlist?**

## 7 MINDSETS @ HOME

### I LOVE Doing Secret Random Acts of Kindness Challenge:

Each family member chooses one kind action to do each day or a few kind actions each week. These can be simple things like helping with chores, walking the dog, setting the table, cleaning your room, folding laundry, washing the car, or filling the car with gas to name a few. You can either ask someone how you can help or try to do your kind act secretly without them noticing. Afterward, think about how it made the other person feel and how it made you feel.



## MAKE THE MINDSETS VISIBLE

Encourage school-wide participation, fostering a sense of giving, helping others, and being kind!

Challenge students to cultivate kindness. Here are a few examples of ways to help others. This is a great resource to print and put on a bulletin board or another area of your campus. Have students reflect on how it made them feel and others feel when they completed their task.



Think about ways to make a difference in the lives of others. If you can, deliver hot coffee or treats to colleagues, write notes of gratitude to others who've helped you. Celebrate others and recognize the difference others have made in your life.

Highlight students who exemplify **Live to Give** qualities of helpfulness, generosity, kindness, and caring. Showcase their stories in a **Mindsetter of the Month** display in the hallway! Or use the ["Caught You" Cards](#) from the Resource Hub as a quick and easy way to recognize your students!



**What legacy will you leave?** Creating a positive legacy involves actions and behaviors that leave a lasting, beneficial impact on others and the world. Whether you're focused on personal growth, professional success, or social contribution, there are various ways to ensure your influence is meaningful.

# CONTENT CONNECTIONS

Reinforce the mindsets in your subject areas!

## **I LOVE Myself and My Story - My Timeline:**

**MATH**

1. Create a simple timeline of important moments in your life so far (birthdays, first day of school, big achievements, new friends, etc).
2. Predict 3 future goals or dreams you want to accomplish that will make your family or community proud.
3. Use your math skills to measure time spans between events or graph progress. Treasure your journey and think about how your actions build a lasting legacy!

## **Comfort Zone Challenge - LOVE Something New In Nature:**

**SCIENCE**

1. Pick a new nature activity you haven't done before (like identifying 5 new types of plants or insects, finding different parts of a life cycle, etc.).
2. Use observation and recording skills to document what you find. You can use paper, pencil and journal, Instagram, TikTok, or just take a video of findings.
3. Reflect on how stepping out of your comfort zone and looking at the world around you differently helped you learn and grow.

## **Make a Difference Storybook - I LOVE Myself:**

**ELA/SOC. STUDIES**

1. Read a story about a person who made a difference in their community or the world.
2. Write or draw your own story about a small way YOU help or can help others (recycling, helping a neighbor, joining a new club for a cause you love, etc).
3. Share your story with friends or family and inspire them, too!

## **Express Your Legacy With LOVE:**

**ART**

Create a self-portrait that shows your unique qualities and things you love about yourself (treasuring yourself). Add symbols or drawings around the portrait that represent the positive difference you want to make in the world.

**MUSIC**

Compose or learn a simple song or chant about kindness, courage, or helping others. Perform it for your class or school as a way to inspire positive actions (creating a legacy through music).

**PHYS. ED**

Design and lead a new movement or game that promotes teamwork and kindness. Challenge yourself and your classmates to try it, stepping out of your comfort zone together.

# 7 MINDSETS NOTES

**SCHOOL/DISTRICT**

**DATE**

Large empty rectangular area for taking notes, outlined in purple.