

PASSION FIRST

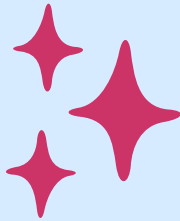
IDEAS FROM YOUR RIDICULOUSLY AMAZING SERVICES TEAM!

MINDSET FOCUS

Passion First encourages all students and educators to explore what drives them, focus on their strengths, and stay true to themselves. By encouraging students to tap into their passions, we help them build confidence, create meaningful connections, and live purposeful lives.

The lessons in this unit are:

- 2.1 Focus on Strengths
- 2.2 Explore Your Interests
- 2.3 Take a Stand
- 2.4 Be Authentic



Explore:

- Activities, games & more in the [Resource Hub](#)
- Self-reflect with the [Educator Life Plan](#)
- View the [Passion First Student Video](#)

MINDSETS MUSIC

- 1 *Try Everything*
Zootopia soundtrack
- 2 *A Million Dreams*
The Greatest Showman soundtrack
- 3 *Count on Me*
Bruno Mars
- 4 *Let It Go*
Frozen soundtrack
- 5 *Hakuna Matata*
The Lion King soundtrack
- 6 *On Top of the World*
Imagine Dragons
- 7 *How far I'll Go*
Moana soundtrack



**What's on your building's
Passion First playlist?**

PRACTICE THE PASSION FIRST MINDSET @ HOME

- During meals, each family member shares one thing they loved doing that day and why it mattered to them.
- Create a small space at home where kids can keep supplies or books tied to their favorite hobbies (Legos, art supplies, journals, sports gear).
- Once a month, plan a family outing around a child's interest (zoo for animal lovers, library for readers, museum for art/science fans).
- Instead of asking "How was school?" try "What was your favorite part of the day?" or "What did you enjoy most about learning today?"
- Let kids add their interests to tasks (make cleaning into a dance party if they love music, or track speed/time if they like competition).
- Hide objects or pictures around the house that connect to a child's favorite theme (animals, colors, foods) and let them "hunt" while learning.



MAKE THE MINDSETS VISIBLE

Encourage school-wide participation, fostering a sense of community and shared purpose!

Turn Pages & Strengthen Mindsets! Set up a dedicated display in your library with books from our curated reading lists* focusing on themes like perseverance, creativity, positivity, & personal growth.

*Available K-12 in English & Spanish



7 MINDSETS Middle School Reading List		
TITLE	AUTHOR	MINDSETS
More Research Our Feet	Christy Weston	Everything is Possible
Remember the 101 Who Did Not Die in Action	Michelle Wildgen	Everything is Possible
Wonder	R. J. Palacio	Everything is Possible
Where the Wild Things Are	Sally M. Walker	Everything is Possible
Life as a Lion	Cherise F. Tanaka	Everything is Possible
Take a Leap of Faith	Janice Knott	Everything is Possible
A Year of Reading: Building Habits, Inspiring Connections, and Making the Most of Your Time	Mary Gorman	Everything is Possible
The Power of Positive Thinking	Norm Vincent Peale	Everything is Possible
Kind Hearts & Crowns	Norm Vincent Peale	Everything is Possible



Host a student club/organization fair showcasing activities, projects, and opportunities related to each club's focus area. Create an **Explorers Passport** that students can have stamped at each booth. Consider prizes/raffle for collecting a certain amount of passport stamps.

October is Bullying Prevention Month. Connect to the mindsets by creating a **"Take a Stand For Kindness"** tree and encourage students to add a leaf each time they witness or perform an act of kindness. As students add more leaves, the tree grows, symbolizing how small acts of kindness can create a flourishing, positive environment.



Create a **What Makes You Shine?** display featuring a large sun with rays made from yellow paper strips. On each strip, students can share what makes them uniquely themselves. You might ask students if you can spotlight some of these special qualities during morning announcements.

CONTENT CONNECTIONS

Reinforce the mindsets in your subject areas!

MATH

Have students create word problems using something they are passionate about (sports, animals, etc.). Let students graph or chart data connected to their interests (favorite foods, games, hobbies) and share patterns.

SCIENCE

During experiments, encourage students to design a test connected to something they love (e.g., which liquid helps a plant grow fastest if they love gardening).

SOC. STUDIES

Have them draw or write about a community helper they admire and explain what that person's passion is.

ELA

Reading

Provide choice in reading by letting students pick books about topics they already love.

Writing

Encourage students to write stories or essays where the main character follows a dream or passion.

PHYS. ED

Passion Warm-Up

Let students pick their favorite activity (jump rope, dance, basketball dribble, yoga pose) and share it as a class warm-up.

STEM/STEAM

Passion Problem-Solving

Pose a design challenge tied to student interests (e.g., "If you love pets, design a better dog toy; if you love sports, design a new ball").

ARTS

Passion Collage

Have them cut and paste magazine pictures or create digital collages of their favorite hobbies, interests, or dreams.

MUSIC

Passion Listening Day

Allow students to bring in or suggest music they love (school-appropriate), then discuss instruments, rhythm, or emotions in the song.

7 MINDSETS NOTES

SCHOOL/DISTRICT

DATE

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