

PASSION FIRST

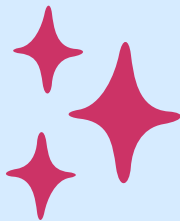
IDEAS FROM YOUR RIDICULOUSLY AMAZING SERVICES TEAM!

MINDSET FOCUS

Passion First encourages all students and educators to explore what drives them, focus on their strengths, and stay true to themselves. By encouraging students to tap into their passions, we help them build confidence, create meaningful connections, and live purposeful lives.

The lessons in this unit are:

- 2.1 Focus on Strengths
- 2.2 Explore Your Interests
- 2.3 Take a Stand
- 2.4 Be Authentic



Explore:

- Activities, games & more in the [Resource Hub](#)
- Self-reflect with the [Educator Life Plan](#)
- View the [Passion First Student Video](#)

MINDSETS MUSIC

- 1 *Stronger*
Kelly Clarkson
- 2 *Unstoppable*
Sia
- 3 *This is Me*
The Greatest Showman soundtrack
- 4 *Good Life*
OneRepublic
- 5 *Rise Up*
Andra Day
- 6 *Walkin' on Sunshine*
Katrina and the Waves
- 7 *Lose Yourself*
Eminem (Clean Radio Edit)



**What's on your building's
Passion First playlist?**

PRACTICE THE PASSION FIRST MINDSET @ HOME

- Ask, "What made you feel most excited this week?" instead of just "How was your day?"
- Students teach the family something they're passionate about (coding, music, basketball) and learn something in return.
- Students plan and cook a meal inspired by something they love (sports = athlete meals, art = colorful food plating).
- Challenge students to capture photos of things they're passionate about and share them in a family slideshow.
- Help students schedule dedicated "passion time" alongside homework and responsibilities.
- Research how a student's interest could become a job or side hustle (e.g., graphic design, sports therapy, video editing).



MAKE THE MINDSETS VISIBLE

Encourage school-wide participation, fostering a sense of community and shared purpose!

Turn Pages & Strengthen Mindsets! Set up a dedicated display in your library with books from our curated reading lists* focusing on themes like perseverance, creativity, positivity, & personal growth.

*Available K-12 in English & Spanish



7 MINDSETS Middle School Reading List		
TITLE	AUTHOR	MINDSETS
EVERYTHING IS POSSIBLE		
More Research Our Feet	David Sasaki	Everything is Possible
Remember the 101 Who Did Not Die in Action	Michelle Wildgen	Everything is Possible
Wonder	R. J. Palacio	Everything is Possible
When the Grass Grows Over Me	Balaram O'Connor	Everything is Possible
Life is Good	Janice Knott	Everything is Possible
Take an Idea and Run	Mary Gorman	Everything is Possible
A Year of Amazing Thinking	Chris Ware	Everything is Possible
Business Design Thinking	Scott Brandy	Everything is Possible
Business Design Thinking: A Practical Approach to Start Your Own Business	Scott Brandy	Everything is Possible
The Power of Positive Thinking	Norm Vincent Peale	Everything is Possible



Host a student club/organization fair showcasing activities, projects, and opportunities related to each club's focus area. Create an **Explorers Passport** that students can have stamped at each booth. Consider prizes/raffle for collecting a certain amount of passport stamps.

October is Bullying Prevention Month. Connect to the mindsets by creating a **"Take a Stand For Kindness"** tree and encourage students to add a leaf each time they witness or perform an act of kindness. As students add more leaves, the tree grows, symbolizing how small acts of kindness can create a flourishing, positive environment.



Create a **What Makes You Shine?** display featuring a large sun with rays made from yellow paper strips. On each strip, students can share what makes them uniquely themselves. You might ask students if you can spotlight some of these special qualities during morning announcements.

CONTENT CONNECTIONS

Reinforce the mindsets in your subject areas!

MATH

Passion-based Statistics Project

Have students collect and analyze data around something they care about (e.g., survey classmates on favorite sports, gaming habits, or music genres) and use mean, median, and graphing to present results.

SCIENCE

Experiment Design

Let students design their own simple experiment connected to something they're curious about (e.g., testing sound waves if they love music, plant growth with different soils if they love gardening).

SOC. STUDIES

Passion in Current Events

Have students find a modern-day changemaker (athlete, activist, entrepreneur, artist) and research how their passion shaped society.

ELA

Passion-themed Literature Circles

Organize groups by shared interest (e.g., dystopian fans, mystery lovers) and have them discuss how characters in those books follow (or ignore) their passions.

Passion Essays Prompt

"Describe how your passion could become a future career or way to make a difference in the world."

PHYS. ED

Passion Playbook

Students design their own game or sport based on an activity they love (e.g., mix basketball + frisbee = new team game).

STEM/STEAM

Passion Engineering Build

Challenge students to build a prototype with simple materials that solves a problem related to their passion (e.g., a book stand for avid readers, a smartphone stand for content creators).

ARTS

Passion in Protest Art

Explore how artists have used passion for justice or causes (e.g., Shepard Fairey, Banksy) and create their own art piece inspired by a cause they care about.

MUSIC

Passion + Technology

Use GarageBand, Soundtrap, or another program to produce a short digital track inspired by their favorite activity, place, or emotion.

7 MINDSETS NOTES

A large, empty rectangular box with a thick purple border, occupying the majority of the page below the title. It is intended for the user to write their notes on the seven mindsets.