

WE ARE CONNECTED

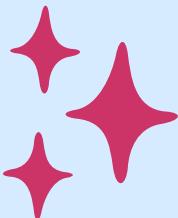
IDEAS FROM YOUR RIDICULOUSLY AMAZING SERVICES TEAM!

MINDSET FOCUS

We Are Connected helps us understand that everyone who comes into our lives can assist us in living our dreams. Through this mindset, we learn to constantly explore synergies with others, embrace diversity, and relish competition, allowing us to maximize our potential with and through others.

The lessons in this unit are:

- 3.1 Embrace Everyone
- 3.2 Maximize Positive Relationships
- 3.3 Build Your Dream Team
- 3.4 Lead with Value



Explore:

- Activities, games & more in the [Resource Hub](#)
- Self-reflect with the [Educator Life Plan](#)
- View the [We are Connected student video](#)

MINDSETS MUSIC

- 1 Count on Me
Bruno Mars
- 2 We're All in This Together
High School Musical
- 3 You've Got a Friend in Me
Randy Newman
- 4 Kindness is Cool
Red Grammar
- 5 Better Place
Rachel Paltten
- 6 Friends
Dolly Parton and the Wiggles
- 7 Shake It Off
Taylor Swift



**What's on your building's
We are Connected playlist?**

PRACTICE THE WE ARE CONNECTED MINDSET @ HOME

- With their families, students create a drawing or poster showing all the people who support and care for them (family, friends, teachers, neighbors, pets, etc.).
- Family Activity: A take-home "Kindness Bingo" card encourages simple acts (e.g., "Help a sibling," "Call a grandparent," "Share a compliment").
- Table Talk: *Helpers Who helped you today? How did they help? Did you help someone else? How can we help each other at home this week?*
- Connection Challenge: On the way to school, count three people you'll see today who you can smile at or say hello to.
- Students interview a family member or caregiver about a time they worked with others to achieve a goal. (Check out the [Great Thanksgiving Listen](#) for more ideas.)
- Brainstorm small acts of kindness the family can do for others during the week (helping a neighbor, thanking a teacher, writing a kind note). Create a "Kindness Tracker" to record each act.



MAKE THE MINDSETS VISIBLE

Encourage school-wide participation, fostering a sense of community and shared purpose!

Challenge students to cultivate new connections during **Mix-it-Up Lunch Day**. Create a bingo card with challenges like "Ask someone for a new music recommendation" or "Talk to someone who speaks multiple languages," or use our [Roll the Dice Game](#) from the Resource Hub to encourage participation. Students who complete their cards may have the opportunity to earn rewards/prizes.

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Encourage students to learn about and appreciate the diversity that exists in your school building. Create opportunities for students to share something unique about themselves, their culture, or their background by hosting a **Cultural Connections Day** or creating a **Culture Quilt** display on campus.

Highlight students who exemplify **We Are Connected** qualities of friendship, acceptance, inclusivity, and leadership. Showcase their stories in a **Mindsetter of the Month** display in the hallway! Or use the ["Caught You" Cards](#) from the Resource Hub as a quick and easy way to recognize your students!



Who is on your Dream Team? Is it a friend who encourages you, a family member who believes in you, or a teacher who guides you? **Dream Team Shout Outs** invite students and staff to reflect on the importance of the people who lift them up. Everyone gets a chance to celebrate these meaningful connections. It's not just about showing who's important, but also about recognizing the role we play in supporting each other.



CONTENT CONNECTIONS

Reinforce the mindsets in your subject areas!

MATH

Everything is Possible

Have students set a math goal (like mastering multiplication facts) and track their growth over time, showing that effort and persistence lead to success.



SCIENCE

Passion First

Let students choose a science topic they're curious about and create a simple experiment or poster to share what they learned.



SOCIAL STUDIES

Live to Give:

Discuss how community helpers make a difference and have students create "thank you" cards for local workers or school staff.



READING

The Time is Now:

Encourage students to read stories about characters who take action and then share how they can take positive action in their own lives.



WRITING

We are Connected:

Have students write letters to classmates about something they admire or appreciate, building empathy and classroom unity.

MORE CONTENT CONNECTIONS

Reinforce the mindsets in these subject areas as well!

Connection Graph

Objective: Embrace Everyone

Description: Students conduct a simple class survey about favorite subjects, hobbies, or foods. Then, use charts or bar graphs to visually represent connections—showing how much they have in common.



Traits of a Good Friend Collage

Objective: Lead with Value

Description: Students cut and paste words/images from magazines (or draw) that show qualities of a great friend or classmate. Display them in a shared space.



Team Tag

Objective: Embrace Everyone & Maximize Positive Relationships

Description: In this version of tag, when you're tagged, you link hands with the tagger to create a growing "team." The game continues until everyone is connected. Reflect on how it feels to work as one team.



Connected Rhythms

Objective: Embrace Everyone

Description: Each student creates a simple rhythm. Then, the class combines all rhythms into a group performance. This reinforces how individual contributions make something more powerful together.



Kindness Phrases Match

Objective: Maximize Positive Relationships

Description: Introduce simple phrases like "thank you," "you're welcome," "you did great," in the target language. Students play a matching game, then role-play saying them to each other.

7 MINDSETS NOTES

SCHOOL/DISTRICT

DATE